

# A Celebratory & Safe Holiday

DURING COVID-19

This year, the holidays may look a little different due to COVID-19. Indoor gatherings have contributed to spikes in cases as we approach the winter months. Here are some safe and creative ways to connect with family and friends during this holiday season.



## Getting Creative with Holiday Celebrations

There are plenty of ways to make this season special while staying safe.



- **Create new traditions.** Consider adding new, COVID-friendly activities such as driving to see holiday decorations, drive-in movies, or phone caroling to your normal holiday traditions.

- **Go digital!** Host a virtual gathering using video applications such as Zoom, Google Hangouts, or Facebook. Choose to shop online rather than in person for gifts.
- **Share the joy.** Plan a recipe exchange to share in traditions of the season.
- **Festival of lights.** Decorate festively inside and out to spread holiday cheer.
- **Enjoy Mother Nature.** Take a walk with your family, throw a football, or sit at a park or beach with loved ones if weather allows.

## Tips for in-person gatherings



- **Keep it small.** As much as possible, keep in-person gatherings to just your nearest and dearest (the people you live with!).
- **Get outside!** Weather permitting, outdoor gatherings at a distance from others help decrease the spread of the virus.
- **Mask up.** Encourage those around you to wear masks, physically distance, and frequently wash their hands to keep you and others safe. You could even decorate masks together!

Wishing you a healthy and happy holiday season!

